



Communication Skills





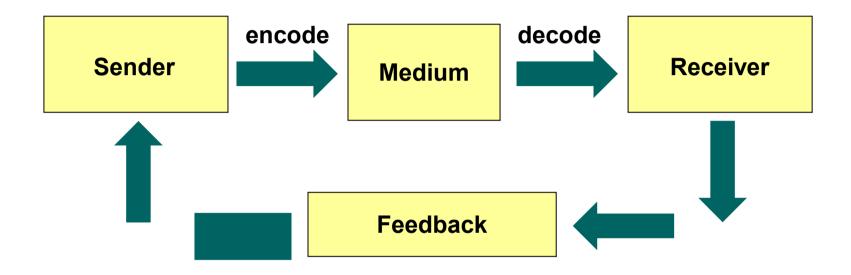
Definition

The imparting or exchanging of information or news through different means.



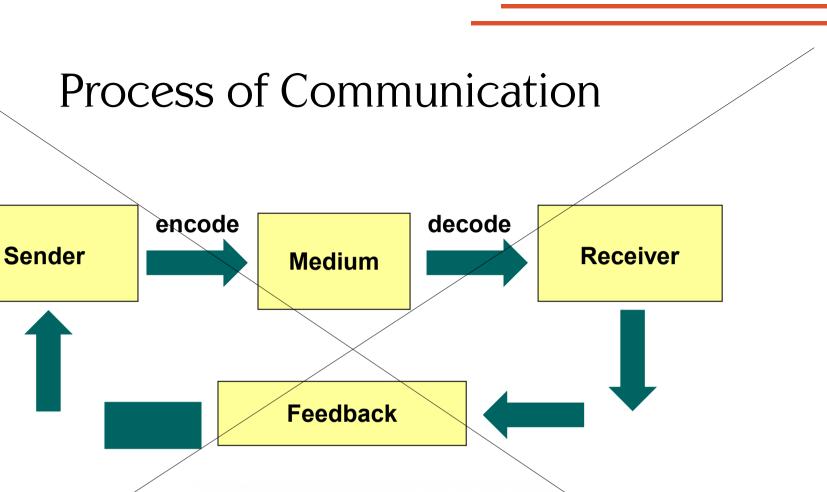


Process of Communication







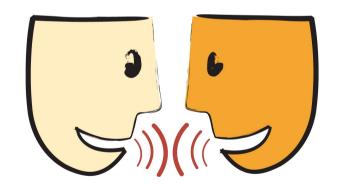








Work starts with Communication









of Communication





3 components

Verbal (what we say) - 7% of any message is communicated through words

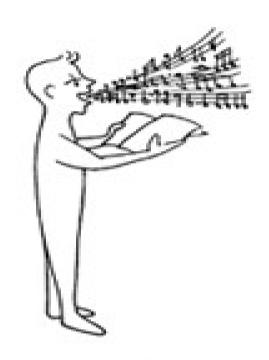






3 components

Vocal (how we say it) - 38% of a message is communicated by our voice







3 components

Visual/Non-Verbal (what our body says) - 55% is conveyed by non-verbal body language







"Silence is argument carried on by other means."







Setting Clear Goals for Your Communication







"If I am to speak ten minutes, I need a week for preparation; if fifteen minutes, three days; if half an hour, two days; if an hour, I am ready now"

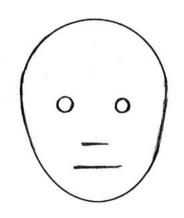




Take the First Step

Start Speaking Now





Adopting simple, concise and direct language





- Determining outcomes and results
- Soliciting feedback
- Matching intentions and results
- Initiating communications
- Figuring out what to say and the best way to say it
- Paying attention to verbal and nonverbal cues







Cross-Cultural Communication







Working Constructively with Emotions







Thank

